





Driving Environments - Parking Lots

| Activity | Goal |
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| Backing Up | □ Driver backs up slowly and with control, knowing what's around at all times. |
| Stopping and Starting | ☐ Driver operates the car smoothly with control. |
| Introduction to Scanning | □ Driver develops a scanning routine and uses it consistently. |
| Introduction to Lane Positioning | □ Driver can easily follow a line and keep the car steady. |

Driving Environments - Residential Roads

| Activity | Goal |
|-------------------------------|---|
| Speed Management | □ Driver maintains an appropriate and steady speed. |
| Uncontrolled Intersections | □ Driver shows a solid understanding of right-of-way procedures and turns into the appropriate legal lanes. |
| Turning | ☐ Driver controls vehicle while turning and observes right-of-way procedures. |
| Controlled Intersections | □ Driver can safely manage intersections and identify potential hazards. |
| Driving Straight | □ Driver maintains position in the lane. |
| Hazard Detection | ☐ Driver recognizes and anticipates hazards well in advance and uses caution around them. |
| Right-of-Way | ☐ Driver is able to identify the right-of-way rules that govern each intersection prior to arrival. |
| Scanning and Hazard Detection | ☐ Driver looks in the direction the car is going and watches for potential hazards. |







Driving Environments - Intermediate Roads

| Activity | Goal |
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| Lane Changing | □ Driver is comfortable checking mirrors and blind spots and returning focus back to the road. □ Driver recognizes danger when looking in mirrors and blind spots. □ Driver recognizes the speed of other cars. □ Driver follows the steps correctly for safely changing lanes without needing any reminders. |
| Road Sharing | □ Driver always checks blind spots. □ Driver is always aware of other road users. |
| Space Cushion | ☐ Driver leaves space in front according to the rule of 1 second of space for every 10 mph. ☐ Driver maintains adequate space on all 4 sides of the vehicle. |
| Distance Estimation | ☐ Driver leaves enough space in front of the car when stopped. ☐ Driver can judge how long it will take to slow down and stop. |
| Anticipating Others' Behaviors | ☐ Driver takes extra precautions when risky drivers are on the road. ☐ Driver avoids confrontation by staying calm and driving courteously. |
| Higher Speed Management & Preparedness | □ Driver does not exceed the posted speed limit. □ Driver judges situations and traffic appropriately and makes the correct speed adjustments. □ Driver leaves the appropriate cushion of space around his or her car. □ Driver looks well ahead and is prepared to make the next speed adjustment. |
| Communicating with Others | □ Driver understands ways to communicate his or her intentions and uses them on a timely basis. □ Driver looks for a "2nd signal" that confirms the intention of the other car like the car slowing down or starting to turn. |
| Managing Intersections | □ Driver slows down well in advance of red lights and stop signs. □ Driver understands the distance it takes to stop for an intersection and leaves an appropriate distance when stopping. |
| Right-of-Way Controlled Intersection | □ Driver knows who has the right-of-way. □ Driver identifies the point of no return. □ Driver understands stale versus fresh green lights. □ Driver stops prior to turning right on red. □ Driver starts slowing down prior to the intersection. |







Driving Environments - Commercial Roads

| Activity | Goal |
|-----------------------------------|--|
| Speed Management | □ Driver looks far ahead for clues to determine need to adjust speed and react appropriately. □ Driver slows down by releasing the gas pedal and covering the brake. □ Driver resumes speed by moving foot to depress the gas pedal when appropriate. |
| Entering and Exiting Parking Lots | ☐ Driver does not cause surrounding traffic to slow down or swerve. ☐ Driver can judge the gap between oncoming traffic and exits the parking lot when appropriate. |
| Space Cushion on Four Sides | □ Driver responds to unexpected behaviors on the road safely and cautiously. □ Driver keeps as much space as possible on all four sides of vehicle. □ Driver adjusts the space cushion according to surrounding conditions. |
| Parking in a Lot | □ Driver smoothly maneuvers in and out of parking spots. □ Driver understands the potential hazards in a parking lot and takes all necessary precautions. □ Driver checks for hazards before and during the maneuver and reacts appropriately to them. |
| Reacting to Other Drivers | □ Driver scans a wider range in a commercial area and accurately predicts other road users' behavior. □ Driver covers the brake when potential hazards are present. |
| Intersections with Crosswalks | □ Driver understands who has the right-of-way at every type of intersection. □ Driver makes left turns safely. □ Driver understands the gap necessary to enter traffic. |
| Increasing Awareness of Risks | ☐ Driver identifies and reacts appropriately to direct risks and indirect risks. ☐ Driver looks for critical information and reacts accordingly. |







Driving Environments - Highways

| Activity Goal | |
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| Entering and Exiting | □ Driver consistently checks traffic to evaluate whether the gap is sufficient and his or her speed has matched the traffic. □ Driver yields right-of-way to through traffic. |
| | □ Driver plans ahead for the exit. □ Driver is comfortable waiting for the next exit if missed opportunity. |
| Navigating Using Signs | □ Driver understands what signs mean. □ Driver reacts appropriately to highway signs. □ Driver does not divert attention from traffic while reading signs at high speeds. |
| Monitoring Blind Spots | □ Driver checks mirrors every 20 to 30 seconds, or more if the highway is crowded. □ Driver does head checks for blind spots. □ Driver leaves extra space in front when following a truck. |
| Six Second Rule – Space Cushion | □ Driver uses the six second rule to maintain space cushion. □ Driver adjusts speed according to traffic density. □ Driver does not tailgate. |
| Disruptions in Highway Traffic | ☐ Driver identifies changes in traffic and adjusts accordingly. ☐ Driver is aware of how other drivers react to traffic disruptions. |
| Anticipating Others' Behavior on Highways | ☐ Driver assumes the worst of other drivers; other drivers can act unexpectedly. ☐ Driver is aware of aggressive drivers well in advance and increases space cushion. |
| Lane Changing on Highways | □ Driver correctly judges distance necessary to pass. □ Driver changes lanes and passes other vehicles appropriately. □ Driver allows other vehicles to pass or change lanes safely by adjusting the space cushion. |
| Speed Management | □ Driver maintains or adjusts speed as needed. □ Driver is not intimidated by tailgaters to speed. □ Driver makes the necessary speed adjustments needed to accommodate varying road conditions. |
| Staying Out of Blind Spots | □ Driver identifies other vehicles' blind spots and avoids driving in them. □ Driver knows trucks and busses have larger blind spots and leaves extra space. □ Driver repositions the car when traveling in someone's blind spot. |







Driving Environments - Country Roads

| Activity | Goal |
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| Passing or Yielding to Other Vehicles | □ Driver pulls over early to allow safe passing. □ Driver is not afraid to stop to allow other vehicles to go by. □ Driver is courteous. □ Driver communicates with other drivers. □ Driver is aware of other vehicles behind his or her vehicle. |
| Speed Management | □ Driver never exceeds the posted speed limits. □ Driver adjusts speed to the road conditions. □ Driver looks out for animals and other obstructions. □ Driver manages speed effectively. □ Driver employs caution when road conditions are poor. |

The Basics

| Activity | Goal |
|---------------------------|--|
| Adjust the Seat Belts | □ Wearing properly adjusted seat belts becomes a habit. |
| Adjust the Steering Wheel | □ Driver checks the feel of the wheel each time when getting into the driver's seat. |
| Adjust the Seat | □ Driver can easily adjust the seat each time. |
| Understanding the Car | □ Driver can easily tell you where the controls are and what they do. |
| Adjust the Mirrors | □ Driver adjusts mirrors as a habit before each drive |







Additional Challenges

| Activity | Goal |
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| Driving at Night | □ Driver drives at the appropriate speed for the road conditions. □ Driver uses high beams appropriately. □ Driver drives with correct lane placement at night. |
| Planning Routes & Following Directions | □ Driver prepares in advance and develops an easy to follow route. □ Driver keeps attention on driving and the road while navigating the route. □ Driver handles unexpected changes well. |
| Driving in Inclement Weather | ☐ Driver prepares the car before driving according to the conditions. |
| Potential Hazards in Each Environment | ☐ Driver identifies and looks for all the typical risks in every environment and keeps eye out for others. |
| Managing Distractions | □ Driver identifies distractions and actively minimizes them while driving. |
| What to Do in Emergencies | □ Driver knows how to deal with the most typical emergencies: flat tire, car failure, accident, or getting lost. □ Driver keeps calm under pressure. |